

FM : Digcent (Pers)

NO. D.I-7/2019-PERS-DA.8

DTD 28/09/2019

U/C (.) **Time Bound** (.) Nomination of officers for NSG CCC Sl.No. 17 & 18 (.) NSG has intimated that Commando Conversion Course Sl.No. 17 & 18 is commencing wef **30/09/2019** and eligible officers have to report for course at NSG Trg Centre Manesar on **21/09/2019** (.) Eligibility criteria for CCC as per latest QRs are as under:-

Rank	Maximum age	Service record	APAR grading	Medical category
DC	38 years	No punishment during service	Very Good for last 05 years (If service is more than 05 years)	SHAPE-1 with BMI below 25
AC	33 Years			

(.) NSG Hqr have called nomination of suitable and willing officers of the rank of **AC & DC** latest by **11/09/2019** alongwith bio-data in the attached format (.) Copy of QRs, Pre Physical Standards for CCC and Professional Screening are also enclosed herewith (.) Request forward nominations of willing and eligible officers in the rank of **AC & DCs** alongwith required information in prescribed proforma (attached) so as to reach this Dte by **05/09/2019 RPT 05/09/2019 positively** through FAX/Selo (.) If nominations are not recd. by target date, nil report will be presumed (.) Preference to the officers who have served in LWE area normal tenure followed by NE/J&K region and earned laurels to the Force may be given (.) Officers who have earlier attended CC(SRG) course and declared failed may not be nominated again (.) It may also ensured that nominated officers should meet all the requirements and are clear from vigilance angle (.) It is requested that a Pre-Induction course of at least one week be conducted of nominated officer before sending them to Trg. Centre so that they may clear basic physical standard during zero week (.) This will also help them to qualify NSG CCC without any extra physical and mental stress (.) **Officers in promotion zone may not be nominated to avoid grant of proforma promotion under NBR at a later stage** /////

Encl : As above

sd/- 28/08/2019
Digcent (Pers)

PROFORMA

NOMINATION OF DCs/ACs TO THE PANEL FOR DEPUTATION TO NSG

1	IRLA No.	
2	Name of Officer and Rank	
3	Present place of posting with date	
4	Date of Birth	
5	Educational qualification	
6	Date of enlistment	
7	Date of promotion to the present rank	
8	Details of previous deputation/ UN stint availed if any	
9	Whether free from Vigilance angle	
10	Medical category with date	
11	APAR Grading for last 05 years	
12	Previous posting particulars	

Unit/GC	Place	Period		Duration of posting	
		From (month/year)	To (month/year)	Year	Month

a) Total Service: _____ Years _____ Months

b) Service in Static places i.e.GC/Trg Instns/RAF Bns _____ years _____ Months
(excluding B/Trg Period)

c) Service in field Units _____ years _____ Months
(excluding B/Trg Period)

Signature

Appendix – A

Qualitative Requirements for NSG CCC:-

(a) Service Record and ACR Criteria

Male

Rank	Age	Service	Service Record	ACR
	Maximum	Minimum		
Dy. Comdt	38 years	-	No punishment during service	Very Good for last 5 years. (If service more than 5 years).
Asstt. Comdt	33 years	-		

(b) Other Mandatory Requirements

- (i) Should be a **Volunteer**.
- (ii) **SHAPE-I** medical category
- (iii) Clear from Discipline and Vigilance angle.

(c) **Preferred Qualifications.** The following personnel will be given preference:-

- (i) Instructional Grading in Courses.
- (ii) Served in CI Ops and LWE.
- (iii) Undergone Courses such as PT, CDO, CIJW & ToT.

Appendix – B

1. **Pre-Physical Standards for CCC.**

The minimum physical standards of personnel for induction into NSG will be as under, **for which they will be tested during the Zero week (in PT dress).**

2. **Professional screening (Pre-Physical and Firing Standards)**

(a) **For Male**

- (i) 2.4 Kms run in 12 minutes.
- (ii) Chin ups-03
- (iii) Vertical Rope (3rd class up and 3rd class down)
- (iv) Horizontal Rope (9 mtrs traverse)
- (v) Grouping **5 cms** from 25 mtrs with INSAS Rifle (Lying supported).

(b) **For Female**

- (i) 2.4 kms run in 16 minutes.
- (ii) Sit Ups – 15.
- (iii) Grouping **6 cms** from 25 mtrs with INSAS Rifle (Lying supported).

Note : The selection during the CC will be done by applying three filters (i) Physical Test (ii) Medical Test (iii) Psychological Screening. Only those personnel who qualify/get through each filters will go to the next level of selection.